Backreaction of the infrared modes of scalar fields on de Sitter geometry

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Framework

Flow in the infrared limit

Results

Why de Sitter ?

- It is maximally symmetric
- It is relevant for inflation

For scalar field in dS,

- Large gravitational effects in the infrared (superhorizon scales)
- Infrared modes are amplified
- Interactions cannot be treated perturbatively

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The theory is described by an **effective action** $\Gamma[\varphi, g]$, the Legendre transform of $\mathscr{W}[j, g]$ defined as

$$e^{i\mathscr{W}[j,g]} = \int \mathscr{D}\hat{\varphi}e^{iS[\hat{\varphi},g]+i\int j\hat{\varphi}}, \quad \Gamma[\varphi,g] = \mathscr{W}[j,g]-j\cdot\varphi$$

with $g_{\mu\nu}$ the background metric. The action *S* will be typically an O(N) theory with φ^4 interaction.

Non perturbative renormalization group

A. Kaya '13; M. Guilleux, J. Serreau '15 Add a regulator

$$i\Delta S_{\kappa}[\hat{\varphi},g] = i \int_{x,y} R_{\kappa}(x,y) \hat{\varphi}(x) \hat{\varphi}(y).$$

And define an effective action which interpolates between S and Γ

$$\Gamma_{\kappa}[\boldsymbol{\varphi},g] = \mathscr{W}_{\kappa}[j,g] - j \cdot \boldsymbol{\varphi} - \Delta S_{\kappa}[\boldsymbol{\varphi},g]$$

The **physical values** for *g* and φ are simultaneously determined at a scale κ through

$$\frac{\delta\Gamma_{\kappa}}{\delta\varphi} = 0, \quad \frac{\delta\Gamma_{\kappa}}{\delta g^{\mu\nu}} = 0$$

which we evaluate at constant values of φ .

Framework

Non perturbative renormalization group 2

We want to solve the flow of Γ_{κ} : it obeys the **Wetterich equation**

$$\dot{\Gamma}_{\kappa} = \frac{1}{2} \operatorname{tr} \dot{R}_{\kappa} (\Gamma_{\kappa}^{(2)} + R_{\kappa})^{-1}.$$

This equation is regulated both in the infrared and the ultraviolet (f_{κ} is a typical integrand in the r.h.s.)



$$\frac{\delta\Gamma_{\kappa}}{\delta g^{\mu\nu}} = 0 \qquad \Rightarrow \qquad G^{\kappa}_{\mu\nu} = \left\langle T^{\kappa}_{\mu\nu} \right\rangle$$

- Without regulator, $\langle T_{\mu\nu} \rangle$ has de Sitter symmetries by construction.
- The regulator breaks some of them, but still gives a FLRW solution.
- The terms which breaks de Sitter group are UV dominated quantities which have practically no flow in the IR.
- Projecting on a de Sitter metric along the entire flow gives a good approximation.

The flow of the metric is reduced to the flow of its Hubble constant.

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We compute the flow equation in the LPA by taking the ansatz

$$\Gamma_{\tilde{\kappa}}[\boldsymbol{\varphi},h] = -\int \mathrm{d}^{D}x \sqrt{-\tilde{g}} \left(\frac{Z(h)}{2} \tilde{g}_{\mu\nu} \partial^{\mu} \varphi_{a} \partial^{\nu} \varphi_{a} + N \tilde{U}_{\tilde{\kappa}}(\varphi_{a},h) \right)$$

with \tilde{g} the dS metric with h = 1. The *h* factors are hidden in *Z* and \tilde{U} .

It amounts to **discard higher derivative interactions**, which are expected to be subdominant in the infrared regime ($\kappa \ll h$). For constant φ , we compute the flow of *U*, the effective potential.

In the *p*-representation,

$$R^{ab}_{\tilde{\kappa}}(p,p';h) = \delta^{ab} \frac{\delta(p-p')}{p^2} Z(h) \left(\tilde{\kappa}^2 - p^2\right) \theta(\tilde{\kappa}^2 - p^2).$$

Then

$$N\tilde{\tilde{U}}_{\tilde{\kappa}} = \beta(m_{l,\tilde{\kappa}}^2,\tilde{\kappa}) + (N-1)\beta(m_{t,\tilde{\kappa}}^2,\tilde{\kappa}).$$

Under the small curvature of the potential, in the infrared regime,

$$h^D eta(m^2,\kappa) = rac{h^D}{\Omega_{D+1}} rac{\kappa^2}{\kappa^2 + m^2}$$

M. Guilleux, J. Serreau '15

Zero dimensional theory

The solution is a zero dimensional theory

$$e^{h^{-D}\Omega_{D+1}\mathscr{W}_{\kappa}(j,h)} = \int \mathrm{d}^{N}\hat{\varphi} \, e^{-h^{-D}\Omega_{D+1}\left(V_{in}(\phi,h) + \frac{\kappa^{2}}{2}\phi^{2} - j\cdot\phi\right)}$$

with the initial conditions V_{in} that match the microscopic potential,

• It coincides with the equilibrium probability distribution in the stochastic formalism

A. A. Starobinsky, J. Yokoyama '94

• It is the effective theory for the scalar field averaged over a Hubble patch at constant values of the field

Flow of the physical quantities

Taking as initial conditions

$$V_{in}(\hat{\boldsymbol{\varphi}},h) = N\left(\alpha - \frac{\beta}{2}h^2\right) + \frac{m^2 + \xi h^2}{2}\hat{\varphi}_a^2 + \frac{\lambda}{8N}(\hat{\varphi}_a^2)^2.$$

The minimization of the effective action gives

$$\begin{cases} \varphi_{\kappa} = \langle \hat{\varphi} \rangle \\ h_{\kappa}^{2} = \frac{4N\alpha + 2(m^{2} + \kappa^{2}) \langle \hat{\varphi}^{2} \rangle + \frac{\lambda}{2N} \langle \hat{\varphi}^{4} \rangle - 2\kappa^{2}\varphi^{2}}{N\beta - \xi \langle \hat{\varphi}^{2} \rangle} \end{cases}$$

The expectation values are to be computed in the zero dimensional theory.

A summary of our approximations so far :

• Semiclassical regime :
$$\frac{h_{\kappa}^2}{\beta} \ll 1$$

• Infrared regime (\rightarrow LPA) : $\kappa \ll h_{\kappa}$

• Small curvature :
$$\frac{m_{t/l,\kappa}^2}{h_{\kappa}^2} \ll 1$$

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We look at cases where we can do analytical computations. For a Gaussian ($\lambda = 0$) theory, $\varphi_{\kappa} = 0$ and

$$4\alpha - \beta h_{\kappa}^2 + \frac{2h_{\kappa}^4}{\Omega} - \frac{\xi h_{\kappa}^6}{\Omega \mu (h_{\kappa})^2} = 0$$

with $\mu(h)^2 = m^2 + \xi h^2 + \kappa^2$.

- For minimally coupled fields ($\xi = 0$), h_{κ} has no flow.
- Depending on the sign of ξ , the Hubble constant is renormalized either positively or negatively.



Massless case



- The superhorizon modes of the massless scalar fields are greatly enhanced, drawing energy from the gravitational field
- The dynamical generation of a mass screens this effect, leading to a finite renormalization of the Hubble constant
- the asymptotic values can be computed exactly and only depend on α and β

The massless and Gaussian cases forbid **symmetry breaking**. We can study it in the large N regime, having a (would-be) broken phase in the beginning of the flow.

The symmetry is always restored at a finite value of κ .

$$4\alpha - \beta h_{\kappa}^2 + 2\frac{\bar{z} - \mu^2}{\lambda} (\bar{z} + m^2 + \kappa^2) - 4\kappa^2 \rho_{\kappa} = 0, \quad \rho = \frac{\varphi_a^2}{2N}$$
$$\bar{z} = m_{t,\kappa}^2 + \kappa^2 = \frac{\mu^2 + \lambda\rho}{2} + \sqrt{\left(\frac{\mu^2 + \lambda\rho}{2}\right)^2 + \frac{\lambda h^4}{2\Omega_{D+1}}}$$

Large N : (would-be) broken phase



Large *N* : symmetric phase



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The backreaction we studied is influenced by several phenomena :

- The mass generation screens the renormalization of the Hubble parameter
- Non minimal coupling between the scalar fields and gravitational field has a non trivial effect on the flow
- Goldstone modes do not contribute

Perspectives :

- Going beyond the local potential approximation
- Work in a more general FLRW spacetime